
Summer Salads

Goats Cheese £12(V)(GF)

Grilled with thyme and garlic on a roasted crouton , red pepper , olive tomato salad , red pesto dressing

The Fort Caesar £14(GF)

Grilled chicken , herb croutons , parmesan , crisp baby gem homemade caesar dressing

Smoked Mackerel £13(GF)

Pickled red onion , beetroot , sundried tomato , new potatoes, horseradish dressing

Pizza Italian 12inch Stone Baked Pizza

All pizza's can be Gluten Free

Margherita £12.50(V)

Tomato sauce , three cheese's

BBQ Pulled Pork £14.50

Roast red pepper , red onion , BBQ sauce , cheddar , mozzarella

Sweet Chili Chicken £14.50

Tomato base ,red onion, roast pepper cheddar, mozzarella

Chilli Brisket £15

Slow cooked chilli base , roast pepper , red chilli , cheddar , mozzarella , sour cream

Baguettes 12-5pm

Cornish Cheddar & Chutney £9 (V)(GF)

Served with tortilla chips and house salad

Smoked Blt £10(GF)

Served with tortilla chips and house salad

FLT £10.50(GF)

(Fish finger , lettuce and tomato)

Served with tortilla chips and house salad

BBQ Pulled Pork £10(GF)

Served with tortilla chips and house salad

Honey Roast Ham £9.50(GF)

(Honey roast ham , piccalilli and baby gem)
Served with tortilla chips and house salad

THE FORT

Bar & Kitchen

Served Monday - Saturday 12-8.30pm

Burgers

All burgers served in a brioche style roll , baby gem , beef tomato , red onion chutney then served with a side of fries and house slaw

The Fort £15(GF)

Sea salt and pepper burger , smoked streaky bacon Monterey Jack cheese

The Smoking Pig £17(GF)

Sea salt and pepper burger , BBQ pulled pork, smoked streaky bacon and Monterey Jack cheese

The Messy Cow £17(GF)

Sea salt and pepper burger , slow cooked beef brisket chilli , Monterey Jack cheese , sour cream

The Black & Blue £16.50(GF)

Sea salt and pepper burger , Cornish blue cheese , portobello mushroom

The Tex Mex £16.50(GF)

Grilled chicken fillet , tortilla chips , salsa , guacamole, sour cream, nacho cheese

The Hunters £16.50(GF)

Grilled chicken fillet , smoked streaky bacon , BBQ sauce Monterey Jack cheese

The Green Field £15(V)(VG)(GF)

Aromatic garden burger , pickled red onion, Cornish yarg cheese

The Messy Veggie £15(V)

Spicy bean burger , roast red peppers Monterey Jack cheese
