

# THE FORT INN

## SPRING MENU

MONDAY-SATURDAY 12PM-8.30PM

01752 822400

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### STARTERS

- SMOKED HADDOCK, SWEETCORN AND POTATO CHOWDER SERVED WITH WARM SOURDOUGH AND SEA SALT BUTTER £8 (GF)
- NIBBLE BOARD OF HUMMUS, OLIVES, SUNDRIED TOMATOES, BAKED FETA CHEESE AND PITTA BREAD £12.50 (VG)(V)(GF)
- SOURDOUGH ROLL SMOTHERED IN SEA SALT, PARSLEY AND GARLIC BUTTER £4 ADD CHEESE £5 (VG)(V)(GF)
- FRIED WHITEBAIT, DRESSED SALAD AND A LEMON AND DILL MAYONNAISE £9
- ROAST ASPARAGUS, POACHED EGG, PARMESAN, CHARRED PEPPERS AND ROCKET DRESSED WITH ROAST GARLIC OIL £9.50 (V)(GF)
- PROSCIUTTO, POACHED PEAR, WALNUT AND CORNISH BLUE CHEESE SALAD £9 (GF)
- PANFRIED KING PRAWNS, GARLIC, SPRING ONION, CHILLI AND TOMATO CONCASSE BUTTER SERVED WITH SOURDOUGH £10.50 (GF)

### MAINS

- FISHERMANS FISH AND CHIPS £15.95 (GF)  
FISH OF THE DAY FRIED IN A LIGHT TEMPURA BATTER, TRIPLE COOKED CHIPS, MUSHY PEAS AND TARTAR
- THE FORT INN BURGER £15 (GF)  
HOMEMADE 6oz BURGER TOPPED WITH SMOKED BACON, MONTERAY JACK CHEESE IN A SOURDOUGH ROLL WITH BABY GEM, BEEF TOMATO AND RED ONION CHUTNEY SERVED WITH HOUSE SLAW AND TRIPLE COOKED CHIPS
- SMOKED HADDOCK, SWEETCORN AND POTATO CHOWDER SERVED WITH WARM SOURDOUGH AND SEA SALT BUTTER £14.50 (GF)
- TWICE COOKED PORK BELLY, SPRING ONION AND ROAST GARLIC MASH, HONEY ROAST CARROTS AND A CIDER SAUCE £17.50 (GF)
- PAN FRIED CHICKEN BREAST WITH THYME AND GARLIC, FONDANT POTATO, ROAST ASPARAGUS AND A CHARRED PEPPER AND SUN DRIED TOMATO PUREE £17 (GF)
- ROAST PORTOBELLO MUSHROOMS WITH A FETA CHEESE CRUST, BUTTER BEAN PUREE, ASPARAGUS AND OREGANO £15 (VG)(V)(GF)
- AROMATIC GARDEN BURGER £14.50 (VG)(V)(GF)  
TOPPED WITH CHEESE AND CHARRED PEPPERS IN A SOURDOUGH ROLL WITH BABY GEM, BEEF TOMATO, RED ONION CHUTNEY SERVED WITH HOUSE SLAW AND TRIPLE COOKED CHIPS

PLEASE ASK FOR OUR DAILY FISH SPECIAL

## 12 INCH ITALIAN STONE BAKED PIZZAS (GF BASES AVAILABLE)

- MARGHERITA £12.50 (VG)(V)
- SWEET CHILLI BEEF, SPRING ONION, CHILLI AND ROCKET £14.50
- BBQ PULLED PORK, RED ONION AND CHARRED PEPPERS £14
- PROSCIUTTO, ASPARAGUS, OLIVE AND SUNDRIED TOMATO £14.50
- CHICKEN, SWEETCORN AND RED ONION £14
- GARLIC MUSHROOM, RED ONION AND ROCKET £13 (VG)(V)

## SIDES

- ONION RINGS £5 (VG)(V)(GF)
- WARM SOURDOUGH AND SEA SALT BUTTER £4 (VG)(V)(GF)
- HOUSE SLAW £4 / SIDE SALAD £4.50 (V)(VG)(GF)

## FRIES

- FRIES £4 / CHEESY FRIES £5 (VG)(V)(G)
- PARMESAN, GARLIC OIL AND ROCKET £8 (V)(GF)
- BBQ PORK AND GARLIC MAYO £11 (GF)
- SWEET CHILLI BEEF £12 (GF)
- GARLIC MUSHROOMS £10 (VG)(V)(GF)

## DESSERTS

- APPLE PIE SERVED WITH CUSTARD OR VANILLA ICE CREAM £8.50 (VG)(V)(GF)
- MANGO SORBET, BERRY COMPOTE AND BISCUIT CRUMB £7 (VG)(V)(GF)
- MERINGUE TOPPED WITH LEMON SWIRL ICE CREAM AND BERRY COMPOTE £8 (V)(GF)
- CHOCOLATE TART SERVED WITH CLOTTED CREAM £8 (VG)(V)(GF)
- PROPER CORNISH CHEESE BOARD, CHUTNEY, APPLE, GRAPES, WALNUTS AND BISCUITS £12.50 (V)

PLEASE ASK FOR A HOT DRINK MENU

- PLEASE INFORM A MEMBER OF STAFF OF ANY FOOD ALLERGENS BEFORE ORDERING
- PLEASE STATE WHEN ORDERING IF YOU ARE VEGAN OR VEGETARIAN
- GLUTEN FREE = ALL OUR STARTERS, MAINS AND PIZZAS CAN BE GLUTEN FREE
- OUR KITCHEN CONTAINS FLOUR, NUTS, SHELLFISH AND OTHER ALLERGENS SO WE CANNOT GAURANTEE 100% ANY CROSS OVER

VG = VEGAN OPTION AVAILABLE

V = VEGETARIAN OPTION AVAILABLE

GF = GLUTEN FREE OPTON AVAILABLE