The Fort Inn

Breakfast Menu

Monday-Saturday 8am-11.30am Sunday 8am-10.30am



01752 822400

www.whitsandbayfort.co.uk

Full Cornish

Smoked Streaky Bacon, Locally Made Sausage, Portobello Mushroom, Beef Tomato, Baked Beans, Hash Browns, Hogs Pudding, Free Range Egg and Toasted Baguette £10.50 Go Large £17

Full Veggie/ Vegan

Vegan Sausage, Roast Red Peppers, Baby Gem, Portobello Mushrooms, Beef Tomato, Baked Beans, Hash Brown, Free Range Egg and Toasted Baguette £9.50 Go Large £16.50

Smoky Fish

Grilled Smoked Mackerel Fillets, Creamy Scrambled Eggs, and Toasted Baguette £10.50

American Pancakes

Stack of 5 Pancakes and Maple Syrup
Plain £6.50
Smoked Streaky Bacon £7.50
Smoked Streaky Bacon and Fried Eggs £8.50
Nutella and Banana £8.50
Mixed Berry Compote and Clotted Cream £9

Warm Baguettes

Smoked Streaky Bacon £5
Locally Made Sausages £5.50
Vegan Sausages and Portobello Mushrooms £6
Hash Brown, Baked Beans, Cheddar and
Mozzarella £5
Add an Egg £1
Full Monty £9.50

On Toasted Baguette

Jam/Marmalade £3
Free Range Eggs £4.50
Baked Beans £4
Roast Peppers, Portobello Mushroom and Poached
Egg £7.50

Hogs Pudding

Cornish Sausage (made from pork, fat, oatmeal, pearl barley and suet) Lightly Spiced and Seasoned.

Usually Sliced and Fried till Golden and Crisp

PLEASE INFORM A MEMBER OF STAFF OF ANY ALLERGENS YOU MAY HAVE

OUR KITCHEN CONTAINS FLOUR, NUTS, SHELLFISH AND OTHER ALLERGENS SO CANNOT GUARANTEE 100% ANY CROSS OVER (ADVISED BY E.H.O)

PLEASE INFORM A MEMBER OF STAFF WHEN ORDERING IF YOU ARE VEGAN